

Five Tips For Successful De-cluttering

I haven't come across many households that do not contain some degree of clutter. Whether it be a single item, like the exercise bike in the hallway that you thought was a great idea to buy last year and no one has used for at least 12 months, or the multitude of items which are stacked from floor to ceiling in your garage; making it virtually impossible to use the space for the purpose it was designed.



De-cluttering is an activity which has a number of benefits: financial, practical and personal.

De-cluttering is an activity which has a number of benefits: financial, practical and personal. Clearing your home of the possessions you no longer need, believe it or not, will help you to think more clearly and feel more relaxed. Being able to find things easily and having more physical space to move around does wonders for those everyday stress levels. You will probably uncover space in your home you had forgotten

existed.

'Cash It In For Me' will help you to uncover the cash potential in your unwanted goods, so not only will you have a tidy home and a relaxed mind, you will also have a healthy bank balance.

For anyone who has got the bug for a good old clear out, here are five tips for successful de-cluttering, as suggested by 'Cash It In For Me' system

operator, Maria D Gándara:

Plan

Make a plan of when you are going to carry out your de-cluttering. Decide whether you want to dedicate a whole day or a couple of hours over a few days. Whatever you decide, stick to it and do not procrastinate.

Use the 'One Year Rule'

When deciding what to keep and what to sell ask the question, has

any member of my family used this in the last 12 months? If the answer is no then it needs to go.

Remove the words 'just in case' from your vocabulary

Forget the term 'just in case'. Don't consider keeping an item in case of a future eventuality. The reality is it may never happen, if you haven't needed it in the last year you probably never will.

Enlist a straight talking friend

Ask a straight talking

friend to help; often the words from a straight talking friend can help you make decisions. With no emotional attachment to any of your belongings a friend can give you a truly objective opinion.

Ask the 'Benefit Questions'

If you are still in two minds about whether to keep something ask yourself two questions: What benefits will I get from selling it? and What benefits will I get from keeping it?

The answer to these two questions will very often be the final deciding factor.

For more information on how 'Cash It In For Me' can help to maximise the profits from your unwanted clutter and to locate your local system operator, email: info@cashitinforme.co.uk

[co.uk](http://www.cashitinforme.co.uk)

or telephone:

0845 094 5024.

